



Birth Control is Safer than Ever

DID YOU KNOW...

Serious problems with birth control are extremely rare?

RISK OF DEATH PER YEAR



Being pregnant

1 in 8,700



Being hit by a car

1 in 47,273



Getting stung by a bee

1 in 64,000



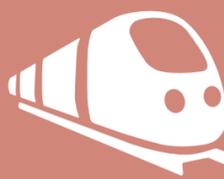
Falling down the stairs

1 in 180,188



Using birth control pills

1 in 1,667,000



Riding a train

1 in 10,283,615



If you don't want to get pregnant, learn more about birth control at:
arhp.org/methodmatch



Sources:

- Becker BJ, Betstadt SJ. Patient perceptions of safety of hormonal contraception compared to pregnancy. Tuesday Poster #1. American College of Obstetricians and Gynecologists Annual Clinical Meeting. May 7, 2013. New Orleans, Louisiana.
- Strasser J, Borkowski L, Couillard M, Allina A, Wood S. Long-acting reversible contraception: Overview of research & policy in the United States. June 2016.