

## Summary Table of Contraceptive Efficacy

This table summarizes the percentage of women experiencing an unintended pregnancy during typical use and the first year of perfect use of contraception and the percentage continuing use at the end of the first year (United States).

Method	% of women experiencing an unintended pregnancy within the first year of use		% of women continuing use at one year
	Typical Use	Perfect Use	
No Method	85	85	
Spermicides	29	18	42
Withdrawal	27	4	43
Fertility awareness-based methods	25		
Standard Day method		5	
Two-Days method		4	
Ovulation method		3	
Sponge			
Parous women	32	20	46
Nulliparous women	16	9	57
Diaphragm	16	6	57
Condom			
Female (Reality)	21	5	49
Male	15	2	53
Combined pill and progestin-only pill	8	0.3	68
Evra patch	8	0.3	68
NuvaRing	8	0.3	68
Depo-Provera	3	0.3	56
IUD			
ParaGard (copper T)	0.8	0.6	78
Mirena (LNG-IUS)	0.2	0.2	80
Implanon	0.05	0.05	84
Female sterilization	0.5	0.5	100
Male sterilization	0.15	0.10	100

Emergency Contraceptive Pills: Treatment initiated within 72 hours after unprotected intercourse reduces the risk of pregnancy by at least 75%.

Lactational Amenorrhea Method: LAM is a highly effective, temporary method of contraception.

Source: Trussell J. Contraceptive Efficacy. In Hatcher RA, Trussell J, Nelson AL, Cates W, Stewart FH, Kowal D, *Contraceptive Technology: Nineteenth Revised Edition*. New York NY: Ardent Media, 2007.