Little is known about the use of some medications during pregnancy.

Help yourself and others by participating in this important research study.

In addition to contributing to medical research, you will be able to obtain up-to-date information about the use of medications during pregnancy, and obtain a free exam of your baby by a specialized pediatrician.

For more information about specific exposures during pregnancy or to enroll in the research study, call our toll-free number today.

(877) 311-8972

www.otispregnancy.org/autoimmune

OTIS Mission

The Organization of Teratology Information Specialists (OTIS) is dedicated to providing accurate evidence-based, clinical information to patients and health care professionals about exposures during pregnancy and lactation. The organization serves to provide education, to conduct relevant research and to support teratology information services throughout North America.

Raising Mom's Awareness. Reducing Baby's Risk.

OTIS

Organization of Teratology Information Specialists

Call Toll-Free

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8-08/LL

Autoimmune Diseases in Pregnancy Research Study

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Raising Mom's Awareness. Reducing Baby's Risk.

OTIS

Organization of Teratology Information Specialists

Teratogen Information Specialists answer questions about exposures to...

- Prescription medications
- Over-the-counter medications
- Vitamins/Supplements
- Alcohol/Recreational drugs
- Vaccinations or immunizations
- Diseases or infections
- Chemicals
- Pesticides
- Occupational exposures
- Paternal exposures

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What is the purpose of the research study?

The purpose of the research study is to evaluate the risks to the developing baby from autoimmune diseases and the safety of medications used to treat these diseases during pregnancy.

Who is conducting the research study?

The Autoimmune Diseases in Pregnancy Research Study is a collaborative study conducted by OTIS. The coordinating center is located at the University of California, San Diego (UCSD).

What kind of research study is it?

This is an observational research study. "Observational" means that the researchers simply follow you throughout your pregnancy — you will not be asked to take specific medications or undergo any invasive procedures if you participate in this research study. Instead, you will be asked questions about your pregnancy, your health history, and the birth of your child.

What are my rights if I participate?

Participation is strictly voluntary. Information about your participation will be kept confidential, and you will be informed about the final results of the research.

What will I be asked to do?

You will be asked to participate in the following:

- An initial phone interview
- Two phone interviews at 20 weeks and 32 weeks of pregnancy
- A pregnancy outcome phone interview
- A free, non-invasive exam of your baby within six months after birth, conducted by one of the study's pediatricians
- Release of copies of medical records related to your pregnancy

What you can expect when contacting OTIS...

- All communication will be confidential, voluntary, and free of charge

Questions will be asked about:

- Pregnancy exposures to medications, chemicals, illnesses or other exposures of concern
- The dates during which the exposure occurred and the dose or amount of the exposure

We're Online:
www.otispregnancy.org/autoimmune

Fact Sheets

More than 70 fact sheets regarding exposures during pregnancy are available online in PDF format. These fact sheets are written at an 8th grade reading level and are free to download and print.

Recent Publications

Please check our website for the most recent publications on anti-TNF use in pregnancy and early exposure to leflunomide in pregnancy.

Se habla español y nuestro numero gratis es 1.877.311.8972.