

Strategies for Reducing High Unintended Pregnancy and Repeat Abortion Rates in the U.S.

The potential benefits of long-acting reversible contraception


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Faculty Disclosure

Speaker: Stanley Henshaw has no financial relationships to disclose.


Note: Additional disclosure information is located within the program



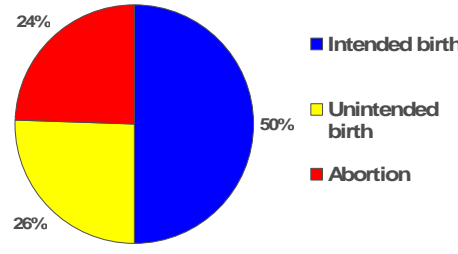
Learning objectives

Participants will be able to:

- Discuss the potential role of long-acting reversible contraception in reducing unintended pregnancy rates
- Recognize the difficulties or challenges a woman may face using oral and barrier contraceptives
- Apply strategies to reduce the barriers to use of long-acting reversible contraception




Pregnancy intention, 2001

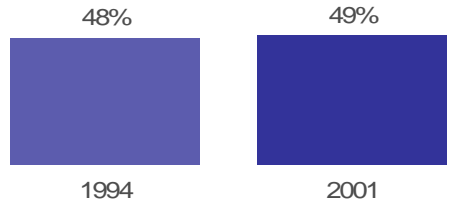


Category	Percentage
Intended birth	50%
Unintended birth	26%
Abortion	24%

Finer LB and Henshaw SK, *Perspect Sex & Repro Health*, 2006




Percent of pregnancies that are unintended

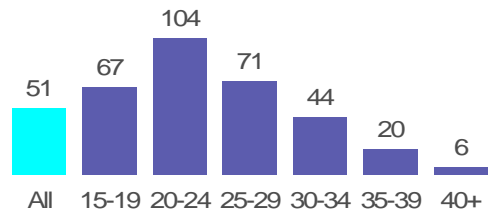


Year	Percent of unintended pregnancies
1994	48%
2001	49%

Finer LB and Henshaw SK, *Perspect Sex & Repro Health*, 2006




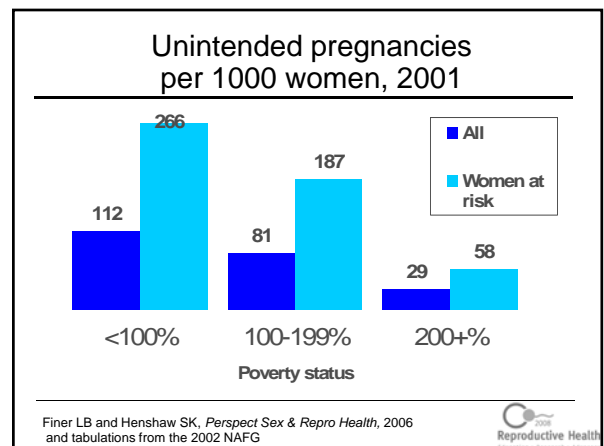
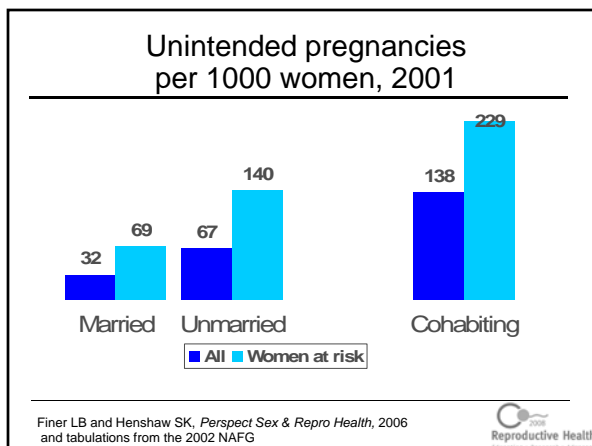
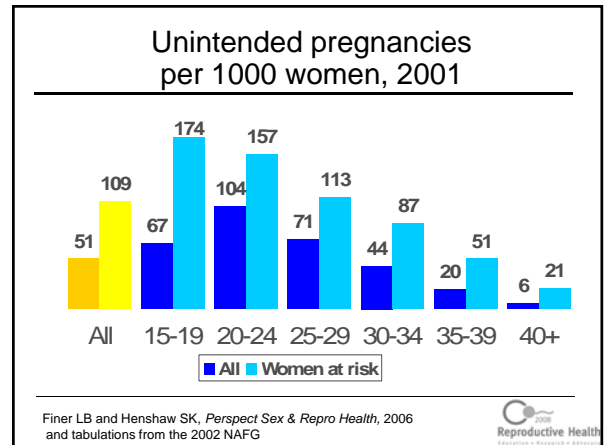
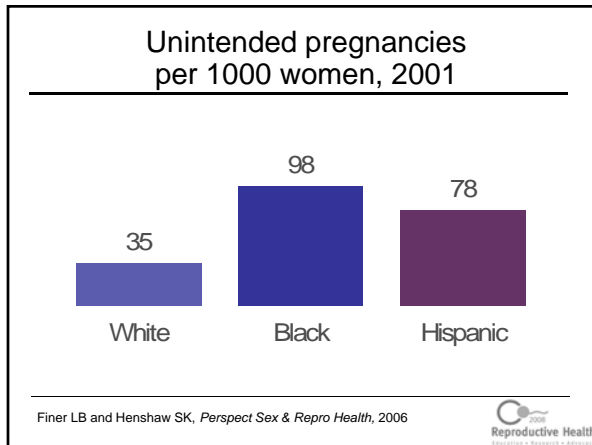
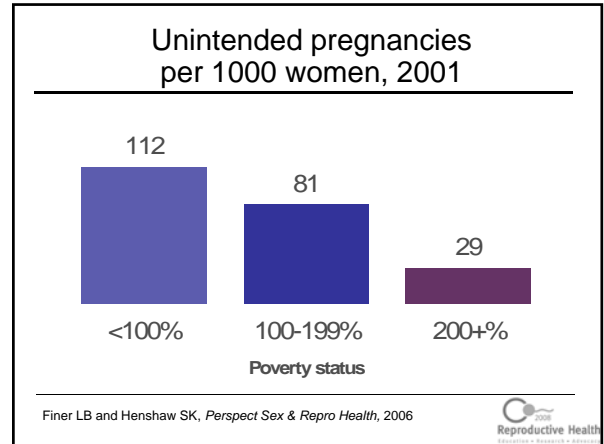
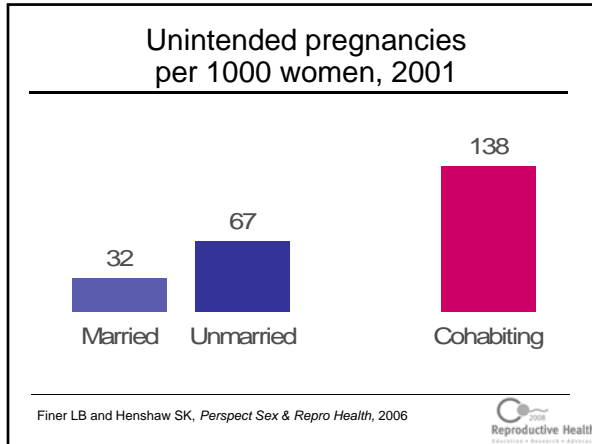
Unintended pregnancies per 1000 women, 2001

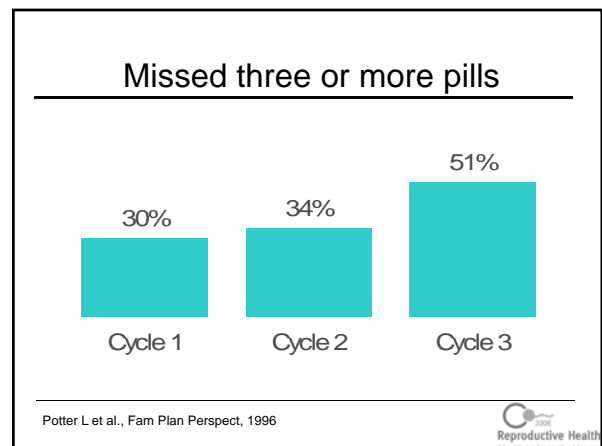
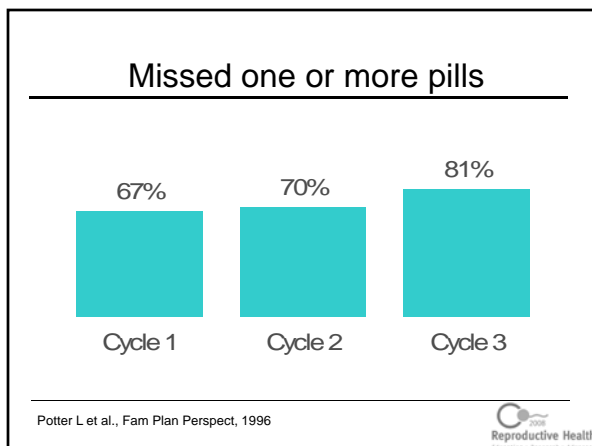
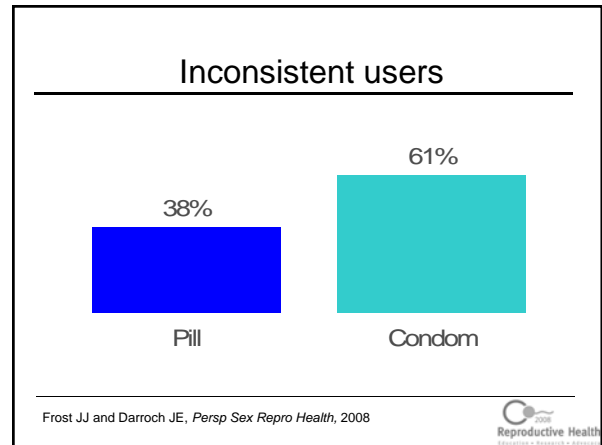
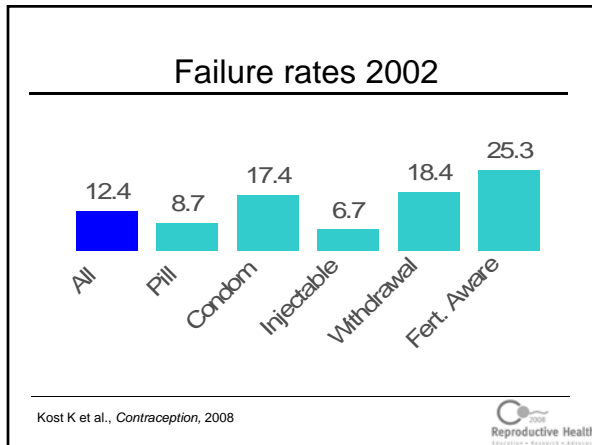
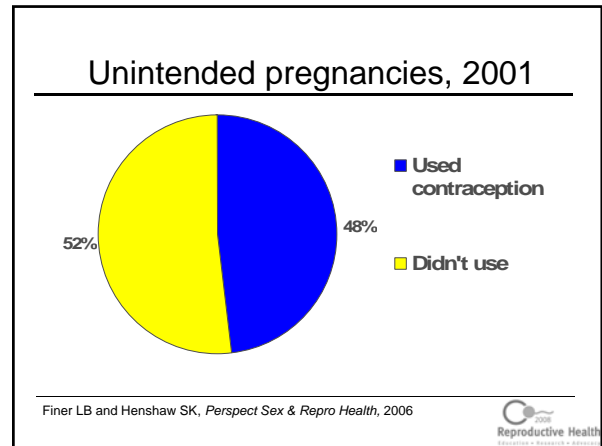
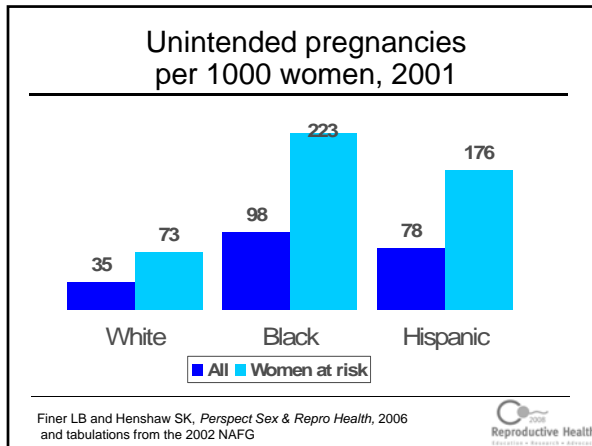


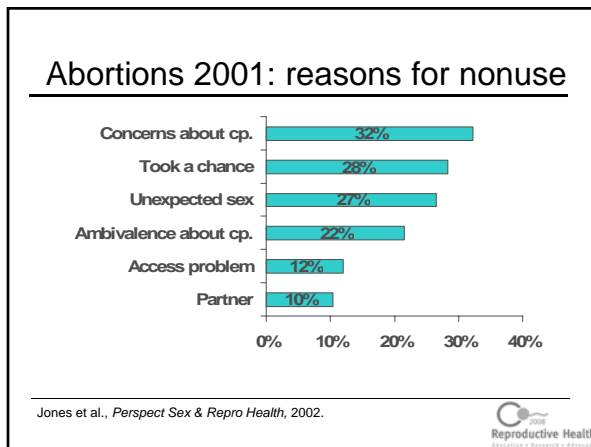
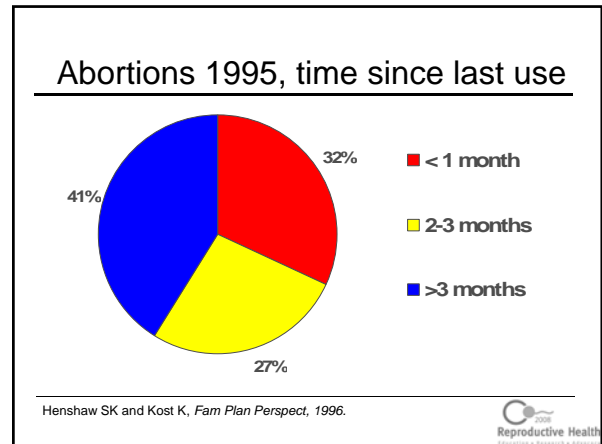
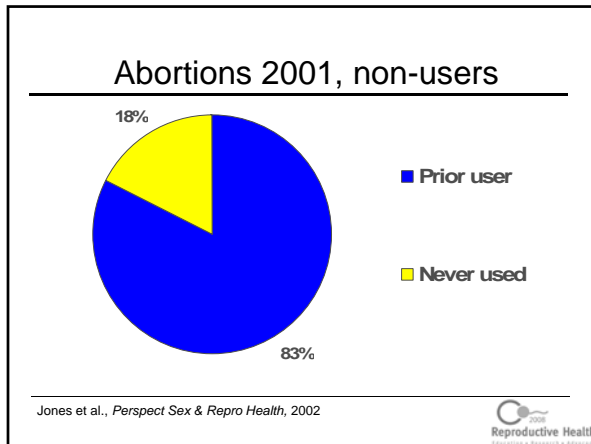
Age Group	Unintended pregnancies per 1000 women
All	51
15-19	67
20-24	104
25-29	71
30-34	44
35-39	20
40+	6

Finer LB and Henshaw SK, *Perspect Sex & Repro Health*, 2006







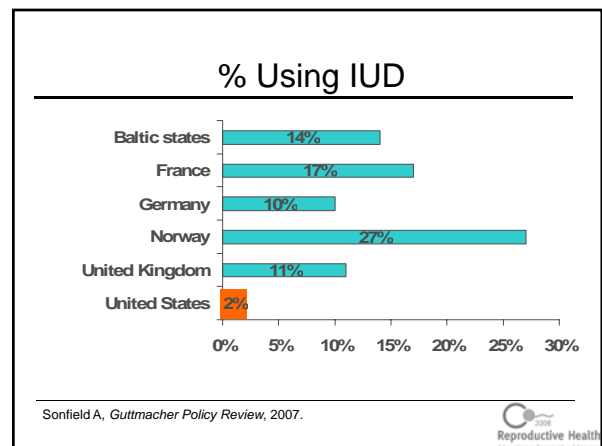


- ### Ideal reversible contraceptive method
- Requires no attention
 - Highly effective
 - Few side effects
 - Effective for years
 - Rapidly reversible
 - Prevents STIs

Long-acting reversible methods

	ParaGard (copper T)	Mirena (LNG)	Implanon
First year failure	0.8%	0.2%	0.05%
Continuing use at 1 year	78%	80%	84%
Years of efficacy	10	5	3

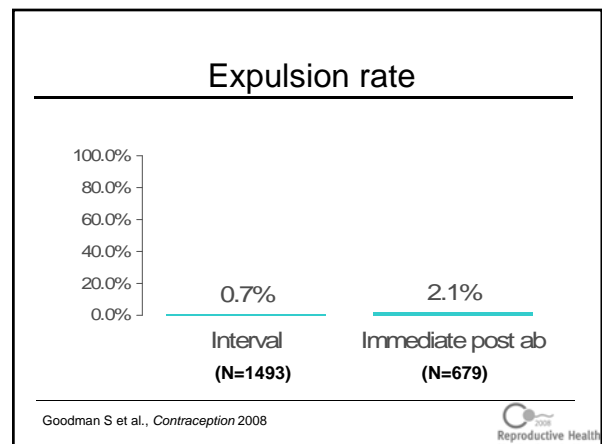
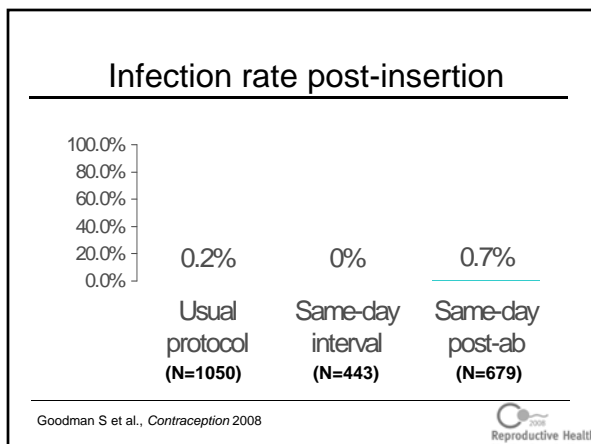
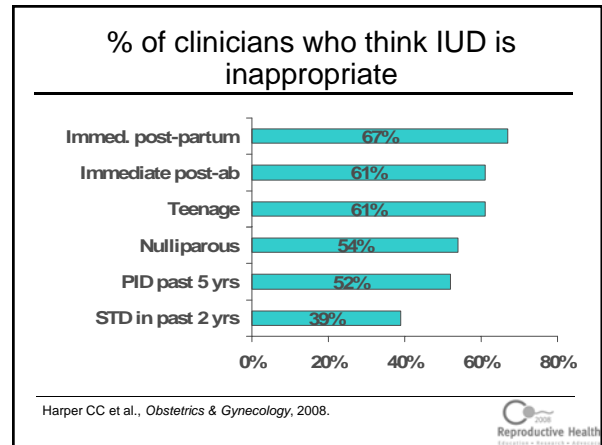
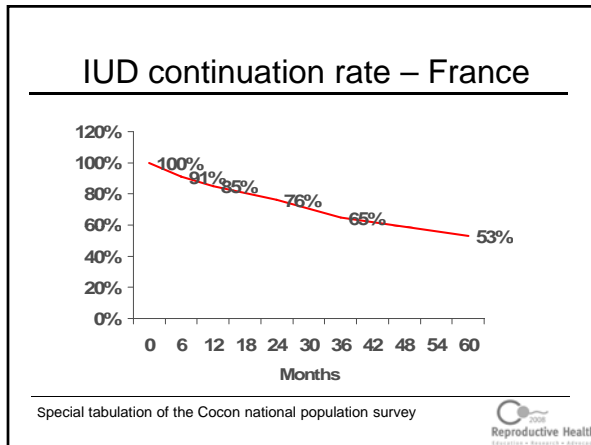
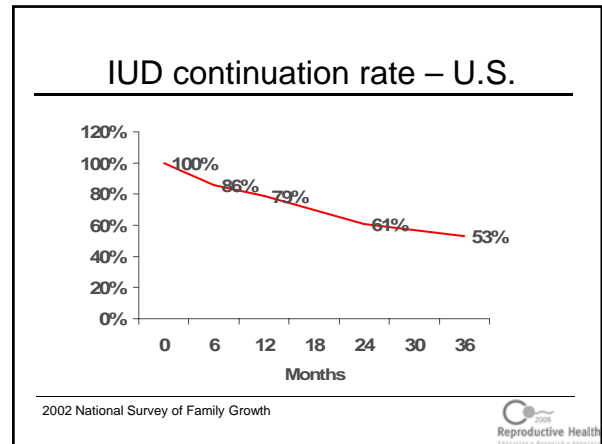
Hatcher R et al., *Contraceptive Technology*, 19th Edition.

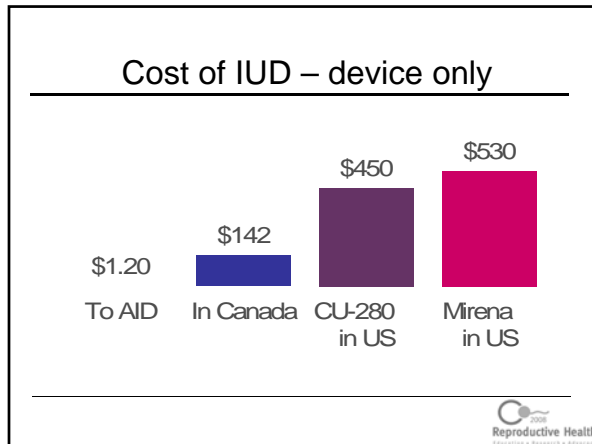


IUD insertion rate for abortion patients

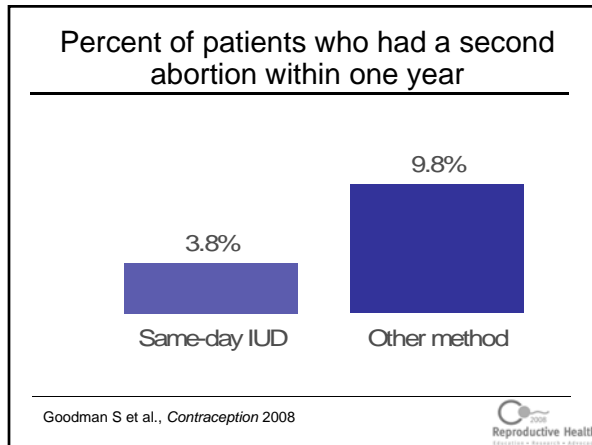
SF General Hosp.	First year	18%
PPGG	First year	5.7%
	Second year	9.2%
	Third year	12.0%
Family practice MD		10%
Family practice MD	Surgical ab.	70%
	Mifepristone	40%

Goodman S et al., *Contraception* 2008; and personal communications.





- ### Insurance barriers to IUD use
- Lack of coverage
 - Excessive co-pay
 - Red tape
 - Inadequate reimbursement for device
 - Inadequate reimbursement for insertion, counseling
- Reproductive Health 2008



- ### Recommendations: providers
- Update understanding of IUD
 - Train staff in counseling and insertion
 - Permit same-day insertions for cp and abortion patients
 - Simplify screening protocols
 - Find ways to bill Medicaid and insurance
- Reproductive Health 2008

- ### Recommendations: system
- Introduce a \$50 IUD
 - Increase insurance reimbursement
 - Change insurance rules that create barriers to same-day insertion
- Reproductive Health 2008