

**ARHP's Organizational Portfolio of Key Content Areas  
For Program Development and Fundraising**

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September 2010

The following portfolio of priority content areas is tied to ARHP's education mission, strategic plan, and department work plans as developed by the board of directors and staff.

**(1) Gynecologic in-office procedures/Reproductive Health Specialist Certification**

- Training primary care providers to perform the full range of gynecologic procedures resulting in continuity of care for patients
- Incorporation of the mHealth/eHealth delivery platforms (see #8)
- Competencies to include MVA, medication abortion, transcervical sterilization, insertion of IUDs and contraceptive implants, endometrial biopsy, no-scalpel vasectomy, ultrasound, other related procedures
- Certification: Components serve as building blocks for ARHP's reproductive health specialist certification program
- Collaboration with ANSIRH and AAP to incorporate reproductive health core competencies into academic training for primary care providers (includes pre-con workshops at RH 2010 and NPWH)
- Current programs: A Clinical Update on Intrauterine Contraception, New Developments in Contraception: The Single Rod Implant, MVA

**(2) Family planning/abortion**

- Providing comprehensive family planning information to health care providers including the latest on contraception, emergency contraception, and abortion
- Incorporation of the mHealth/eHealth delivery platforms (see #8)
- Current programs include Breaking the Contraceptive Barrier: Techniques for Effective Contraceptive Consultations, A Case-Based Approach for Addressing Hormonal Contraception, Cases in Contraception, Choosing a Birth Control Method, Preventing Unplanned Pregnancy: The Continued Need for Clinical Education about EC, and You Decide: Making Informed Health Choices about Hormonal Contraception

**(3) Reproductive health and the environment**

- Educating health care providers and patients on the impact of environmental contaminants on reproductive health
- Incorporation of the mHealth/eHealth delivery platforms (see #8)
- Current program includes Environmental Impacts on Reproductive Health

**(4) Healthy sexuality**

- Training frontline health care providers to screen, diagnose, and initiate treatment for the most common forms of female sexual dysfunction as well as initiate conversations about intimate partner violence when appropriate
- Incorporation of the mHealth/eHealth delivery platforms (see #8)
- Current programs include Sexual Health Fundamentals for Patient Care, Sex & A Healthier You partnership with Healthy Women, and Nurture Your Nature: Inspiring Women's Sexual Wellness

**(5) Multipurpose prevention technologies: sexually transmitted infections, HIV/AIDS, and unintended pregnancy prevention**

- Educating providers on STI prevention and treatment as well as working in collaboration to develop new technologies that prevent unintended pregnancy and STIs (including HIV and/or other reproductive tract infections)
- Incorporation of the mHealth/eHealth delivery platforms (see #8)
- Current programs include Managing HPV: A New Era in Patient Care and ARHP's subcontractor relationship on the Public Health Institute's CAMI project's USAID grant to facilitate a consensus meeting in October 2011

**(6) Maternal/child health**

- Educating health care providers on issues that impact women of childbearing age, infants, and children
- Incorporation of the mHealth/eHealth delivery platforms (see #8)
- Current program includes Hot Topics in Preconception Care: Folate and Beyond (to include REH exposures), family violence prevention

**(7) Impact of pain and chronic conditions on sexual and reproductive health**

- Educating health care providers on recognizing and managing the impacts of pain and chronic conditions on women's sexual and reproductive health
- Incorporation of the mHealth/eHealth delivery platforms (see #8)
- Areas of focus include endometriosis, rheumatoid arthritis, vulvodynia, migraine, IC/PBS, overactive bladder, fibromyalgia, and people with special considerations such as disabilities, significant obesity, diabetes, etc.
- Current programs include Breaking the Seal on Overactive Bladder, Evidence-Based Diagnoses and Treatment of Fibromyalgia, Screening, Treatment, and Management of Interstitial Cystitis/Painful Bladder Syndrome, and Women and Migraine

**(8) mHealth/eHealth**

- Projects promoting innovative technologies for delivering health information and education via mobile devices and computers
- Current programs include Maternova/Chiapas initiative

*Reviewed by the ARHP board of directors, September 22, 2010*